

Q5 Task Chair

Armrest Height

To change the height of the armrest, push and hold the button and slide each armrest up or down.

Backrest Tension

While seated, pull out and then turn the knob on the right hand side of the seat to adjust the tension of the backrest.

Seat Height

While seated, pull out and then turn the knob on the right hand side of the seat to adjust the tension of the backrest.

Engineered for your well-being, the Q5 task chair features a Synchro Mechanism that seamlessly adapts to your natural movements. You can fine-tune your comfort with side-winding tensiocontrol, height-adjustable lumbar support, and 3D armrests offering height, depth, and width adjustments.

Lumbar Support

The lumbar support is simply slid up or down to suit the location of the small of your back.

Backrest Tilt

To prevent the backrest from tilting, pull out and then rotate the knob on the left hand side towards the rear of the chair. To unlock the tilt mechanism, rotate the knob towards the front.

Seat Depth

While seated, lift the left hand side paddle and slide the seat forwards or backwards, release the paddle to lock the seat pan at the desired depth.



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