# Arico Meeting Chair



## Seat Height

While seated, pull the front lever on the right hand side of the seat to lower the seat. Support your own weight off the seat while pulling the lever to raise the seat height.

## Seat Tilt Lock

To unlock the seat tilt, pull the back lever on the left hand side of the seat. Pull the lever again to lock the seat tilt. You may lock the seat tilt in a number of positions by leaning back to the desired tilt before pulling the lever to lock the tilt.

## Seat Pan Depth

Pull the back lever on the right hand side of the seat and slide the seat to the desired position, release the lever to lock the seat.

### Seat Tilt Tension

To increase the seat tilt tension, rotate the knob on the left hand side of the seat clockwise. To decrease the tension, rotate the knob anti-clockwise.





