

OPERATIONAL INSTRUCTIONS

Alto Workstation

The Alto workstation system offers a premium electric sit-to-stand solution that focuses on the user's wellbeing.

Your sit-to-stand Alto workstations have been programmed with a height range of 620mm - 1285mm, measured from the floor to the top of the desk. The handset features an integrated anti-collision sensor which will stop the desks motion in an upwards or downwards motion if an obstruction is detected. It is important that you ensure no items are placed within the entire range of motion of the desk.

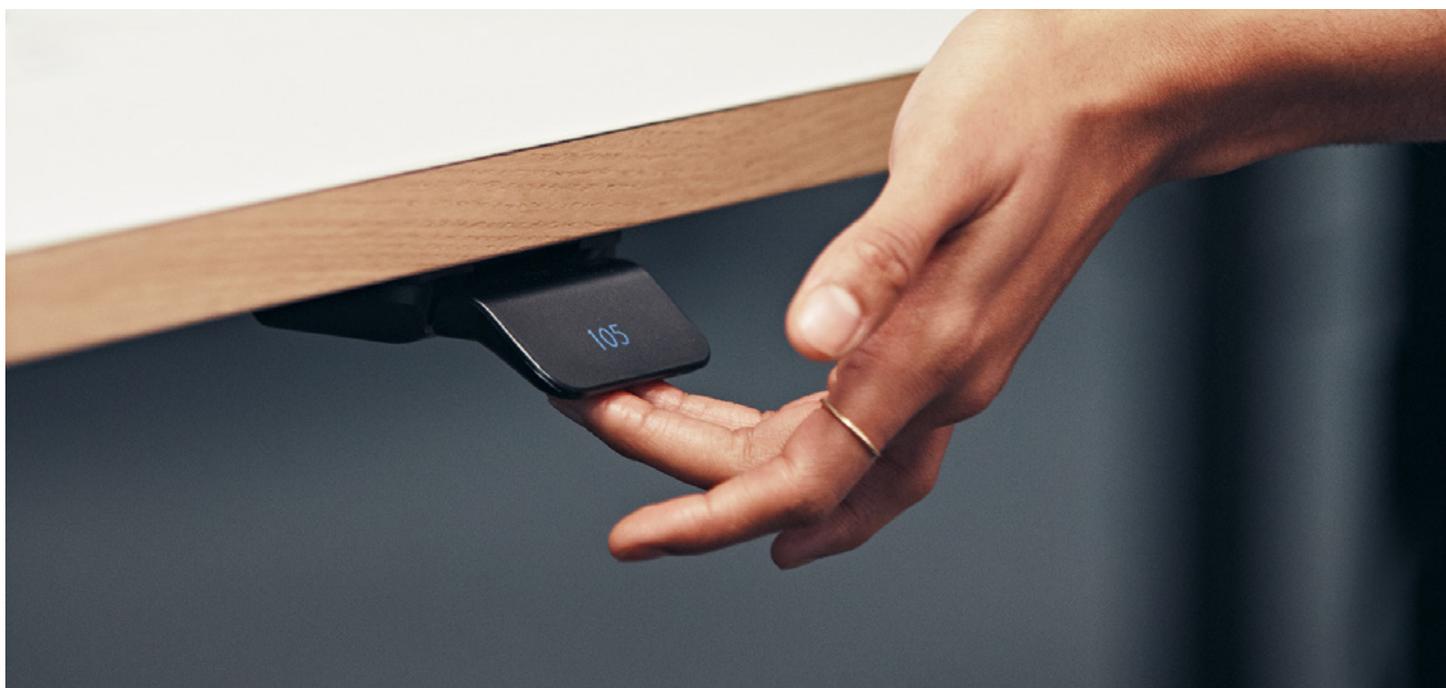


DPI1C Paddle Handset

The DPI1C Paddle Handset features a streamlined and contemporary design, boasting features such as an integrated anti-collision sensor, height display, and storage of favourite positions.

2 | AWM AMAROO
The built-in sensor-based anti-collision technology limits material damage to a workstation or surrounding objects should a collision occur while in motion. Detects tilting as well as collision with both hard and soft obstacles.

The DPI1C features Bluetooth®, allowing the DPI to connect to the Desk Connect™ App. With the free app, Desk Connect™, for iOS and Android, users can easily set up various functions, such as saving favourite positions, enabling automatic drive, and setting reminders for when to stand.



Operation

Operate the DPI by tilting it.

1. Tilt and hold up the DPI to drive the desk up, press and hold down the DPI to drive the desk down.
2. Release the DPI when you have reached your desired position.



Figure 4 Tilt and hold the DPI to drive the desk up

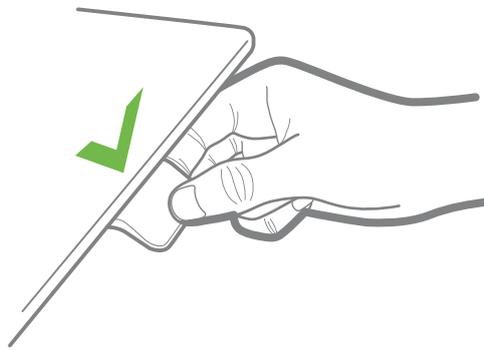


Figure 5 Press and hold the DPI to drive the desk down

DPI1C only:

If favourite positions have been saved and automatic drive is enabled:

Simply double-tap up or down to drive the desk to a favourite position.

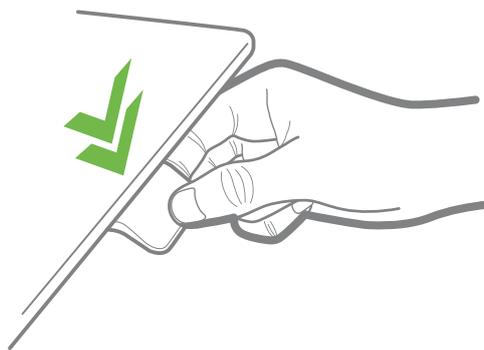
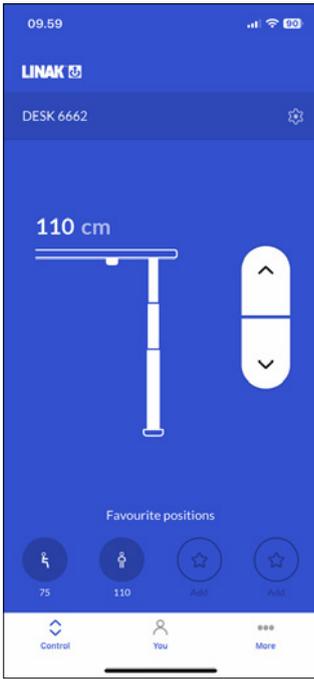


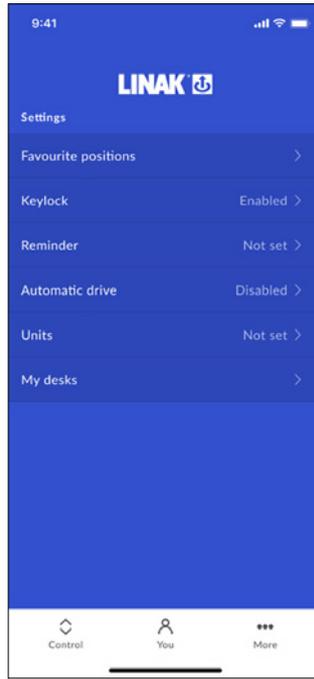
Figure 6 Double-tap the DPI to drive the desk to a pre-set favourite position

Desk Connect™ app

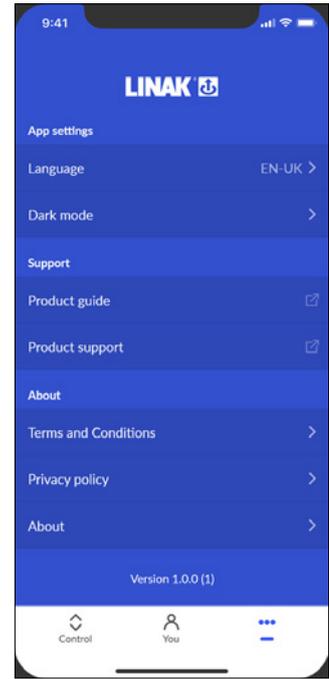
How does the app look



Control



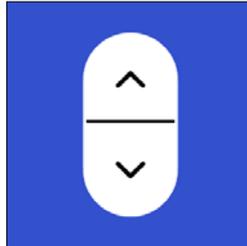
You



More

Downloading the app

The app is connected to the desk via Bluetooth® Low Energy technology integrated in the DPI1C. Download the Desk Connect™ app from Apple App store or Google Play store.



You can also scan the QR code to reach the app:



Apple App Store



Google Play Store

Getting started

Install the app, open it and allow for Bluetooth® connection (required for the app to function with a DPI1C).

Select app language

When you have allowed Bluetooth® connection, you need to select the preferred language for the app before you press 'CONTINUE'.



Once you have selected the language, press 'NEXT' to get information about what you can use the app for and the benefits of changing posture during the day. Press 'NEXT' again to get to the Terms and Conditions.

Terms and Conditions

Before you can start using the app, you need to agree to the Terms and Conditions for use of the app.

Press 'Read the full Privacy Policy' and 'Read the full Terms and Conditions' to read the terms before pressing 'I AGREE'.

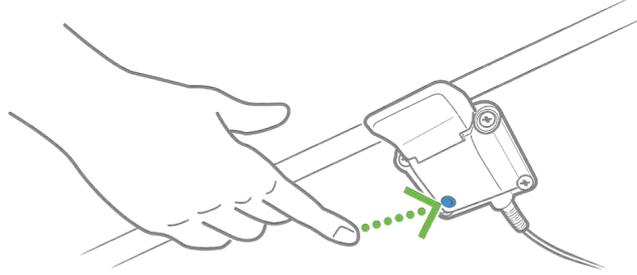
For Android only:

 GPS location and Bluetooth® are required for the app to scan for nearby DPIs in pairing mode. Please enable GPS location and Bluetooth® for the pairing to succeed.

Onboarding flow

To pair the app and the desk, the DPI must be in pairing mode

1. Set the DPI in pairing mode by pressing the Connect button on the bottom of the DPI for 2 seconds.

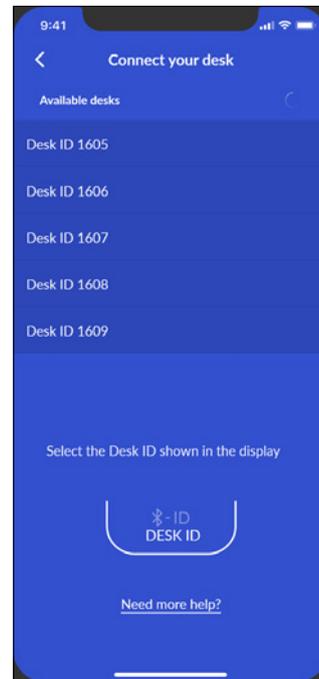
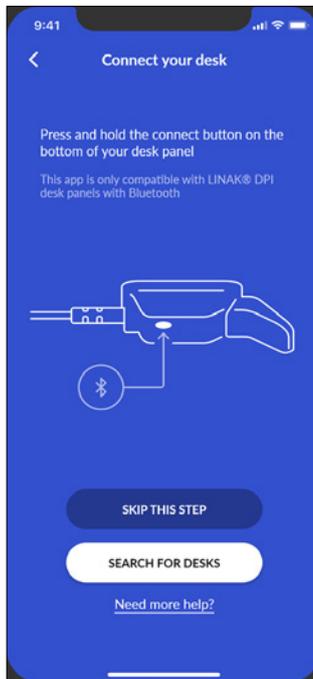


To indicate that the DPI is in pairing mode, the display shows:



All Desk Panels DPI have IDs named 'DESK' followed by a four-digit number.

2. Press 'SEARCH FOR DESKS' to start searching for DPIs in pairing mode and select the relevant desk from the list of available desks and allow pairing.

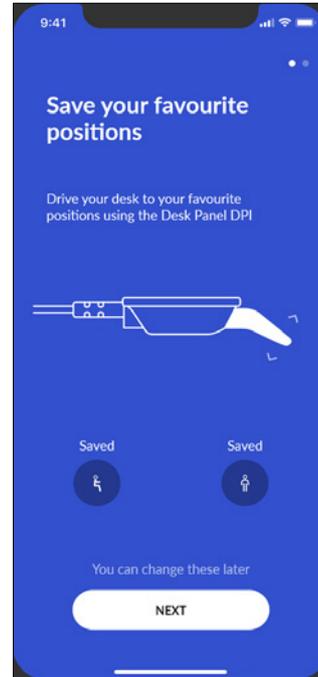
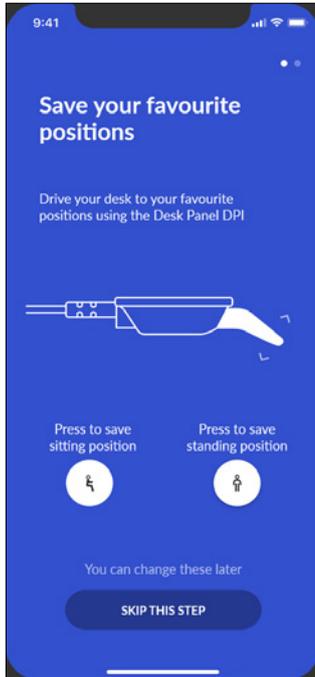


Once the desk and the app are paired, you can set your favourite positions and enable automatic drive; or you can skip these steps.

Saving favourite positions

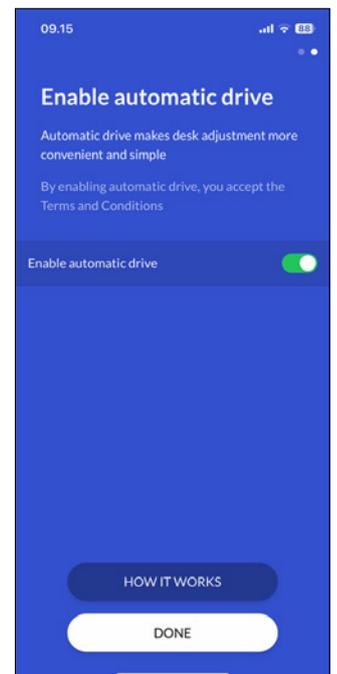
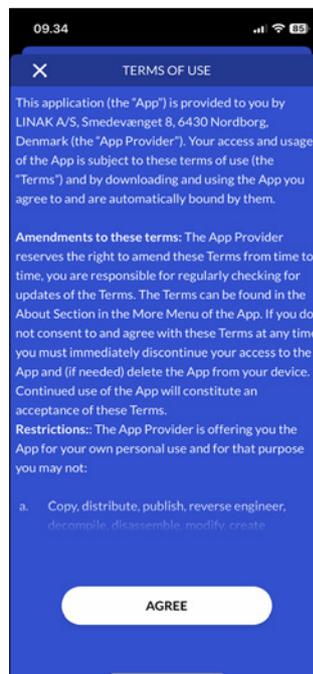
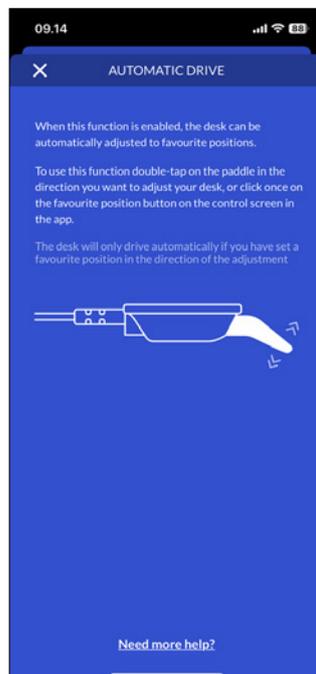
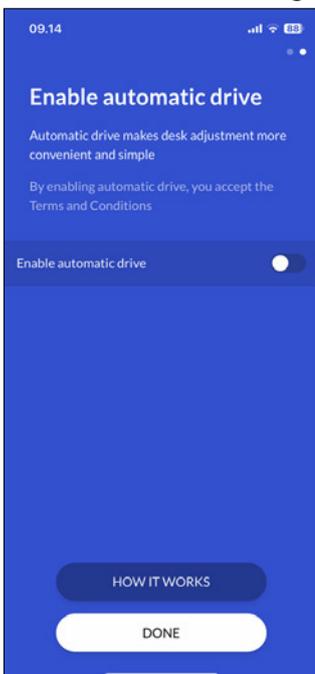
1. Use your DPI to adjust your desk to your preferred sitting/standing position.
2. Press the relevant icon. When a position is saved, the icon turns blue.

 Set both sitting and standing favourite position before pressing 'NEXT'. You cannot return to this page.



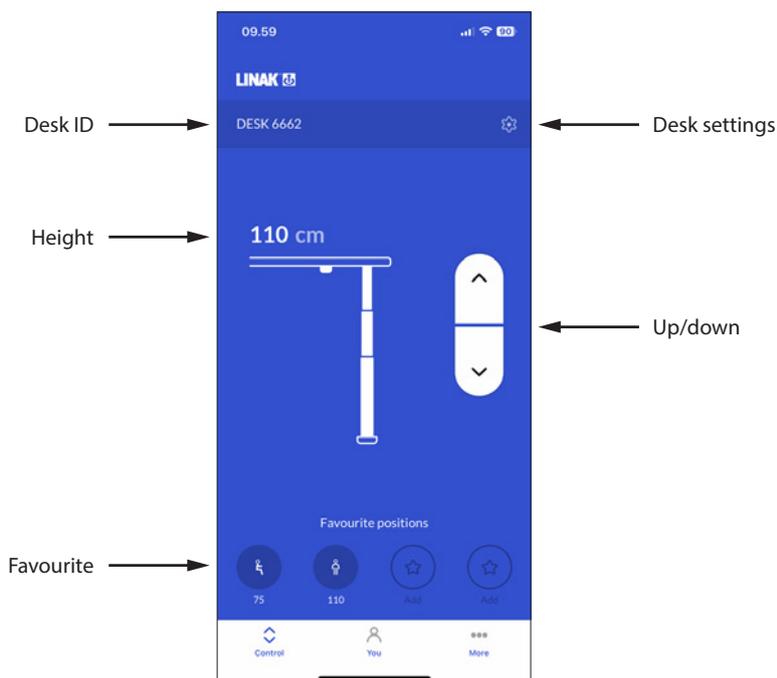
Enabling automatic drive

1. Press the button to enable automatic drive, or press 'HOW IT WORKS' to get a description of this feature.
2. The 'TERMS OF USE' pops up. Press 'AGREE' to agree to these terms.
3. Press 'DONE' to get to the 'Control' screen.



Operation via the app

From the 'Control' screen you can adjust your desk using the up and down arrows or, if you have set any, the favourite position icons.



Desk ID

ID of the connected desk.

Height

Current desk height. The height changes during desk adjustment.

Favourite

The icons symbolise the favourite positions. The favourite position height is displayed below the icons.

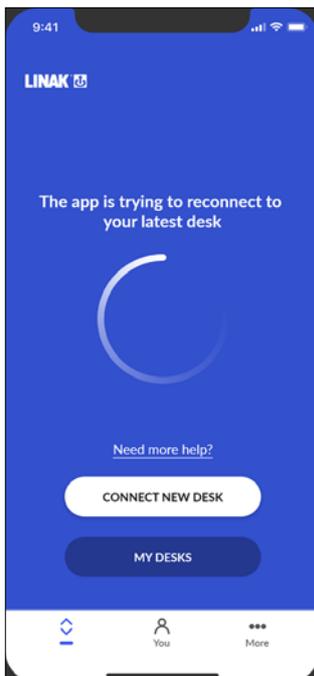
Desk settings

In the 'Desk Settings' section you can change the desk name, set the actual desk height (offset), and set desk height upper and lower limits.

Up/down

Press and hold the button to move the desk up/down.

If you close the Desk Connect™ app, it will lose connection to the DPI. When you open the app again, it shows this screen and automatically tries to connect to the DPI nearby that it has last been paired to.



Please wait for the connection to be established.

Alternatively, you can tap on 'MY DESKS' to open a list of previously connected desks, or tap on 'CONNECT NEW DESK' to connect to another desk. See also My desks.

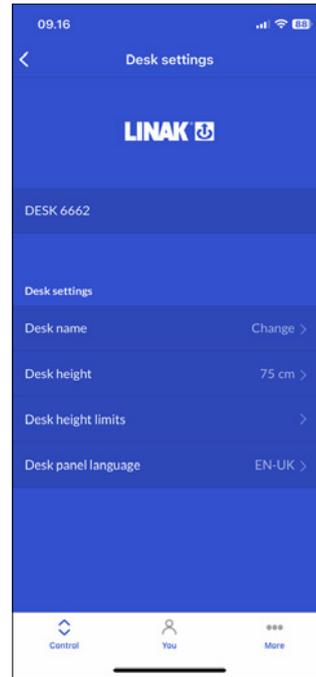
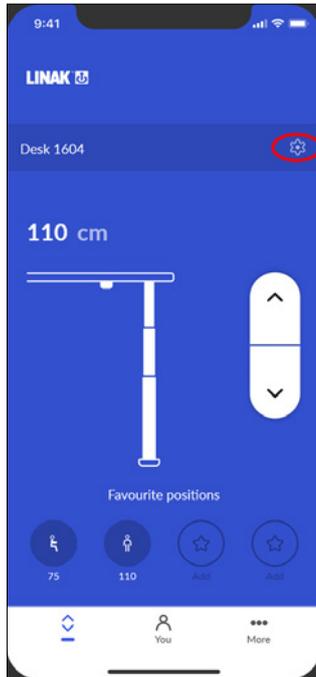
 **Android only:**
Even with the app closed, Android phones automatically try to connect to the desk (within range) last connected via the Desk Connect™ app.

Settings

App

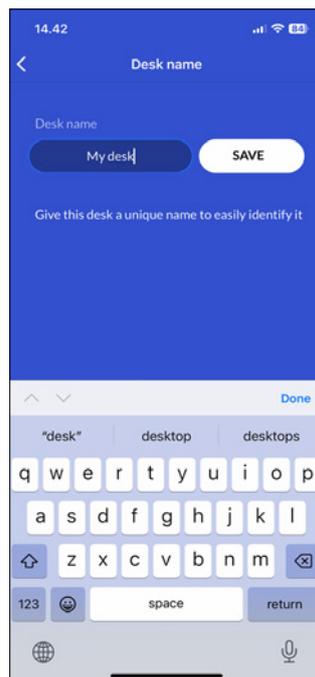
Desk settings

From the 'Control' screen in the Desk Connect™ app press the gear icon to access the 'Desk Settings' menu in which you can change the desk name, set the actual desk height (offset), and set desk height upper and lower limits.



Changing the desk name

1. Press 'Desk name'
2. Key in a new desk name (1 to 10 characters).
3. Press 'SAVE'.



Adjusting the displayed desk height

If the height shown in the display is not correct, it can be adjusted via this menu.

1. Measure the height from the floor to the tabletop.
2. Press 'Desk height'
3. Key in the actual desk height.
4. Press 'SAVE'.



Units can be changed in the 'You' menu.



Revisit your favourite positions if you change the desk height.

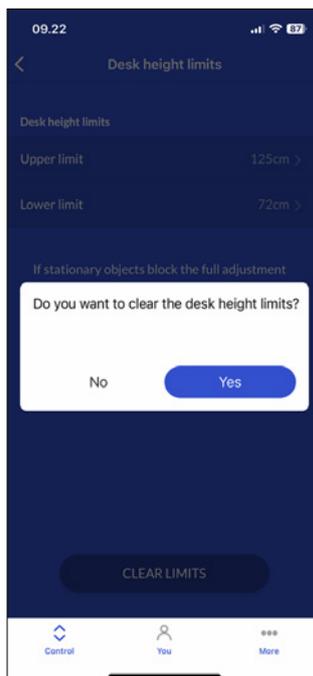
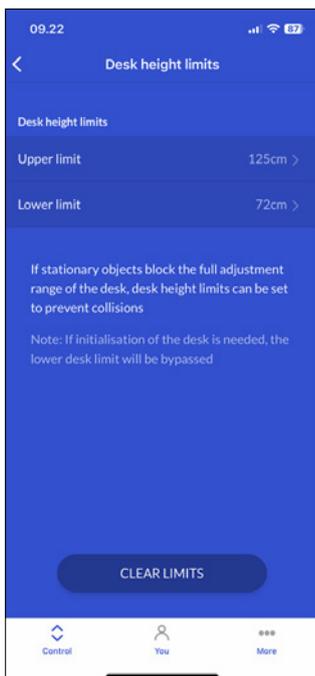
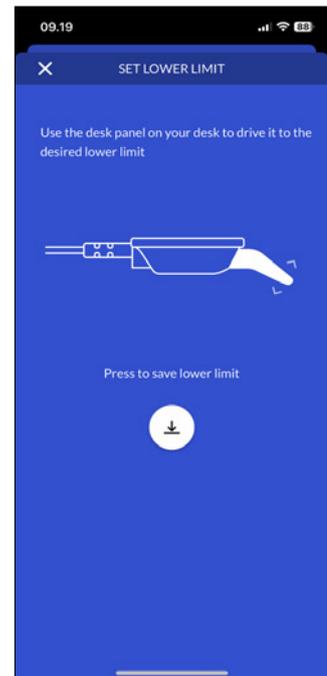
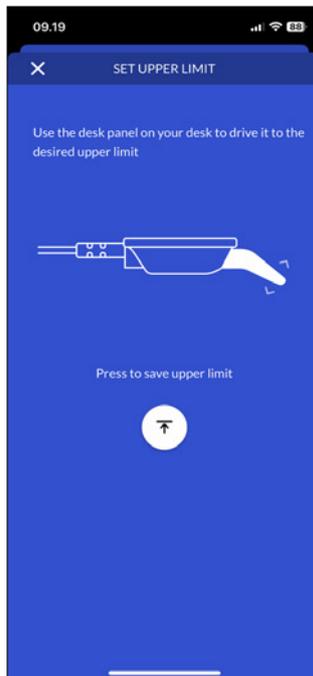
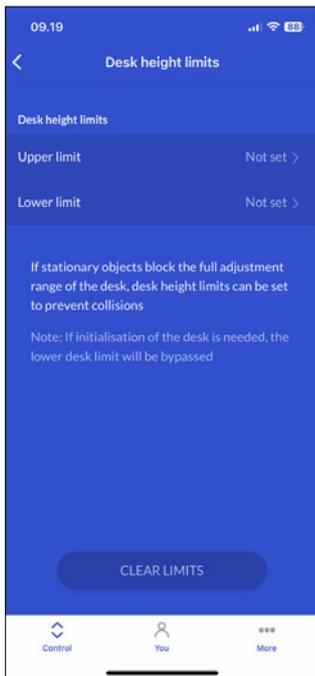
Setting the desk height limits

In this menu you can set the upper and lower desk height limits to prevent collision with for example a shelf above the desk or a cabinet placed under the desk.

1. Press 'Desk height limits'
2. Select 'Upper limit' or 'Lower limit'.
3. Use your DPI to adjust the desk to the desired upper/lower limit height.
4. Press the icon to save the actual height as the limit.

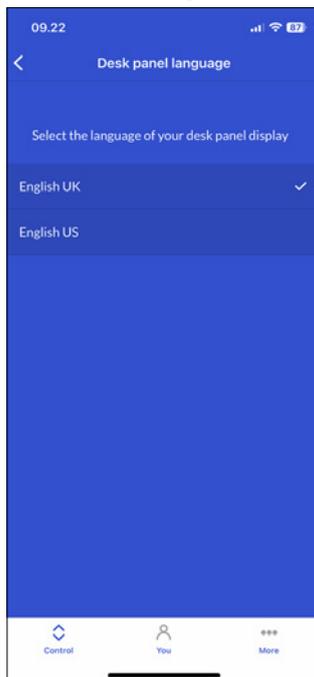


If you want to clear set limits, press 'CLEAR LIMITS' and then 'Yes' to confirm.



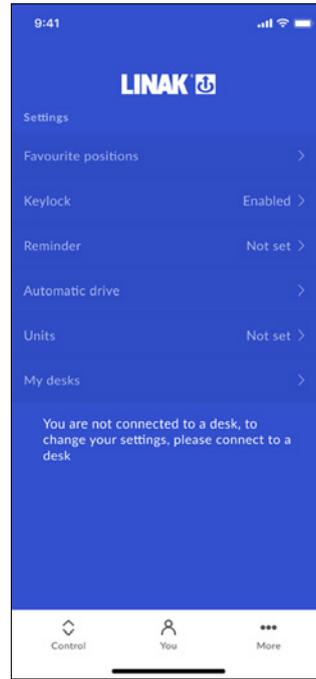
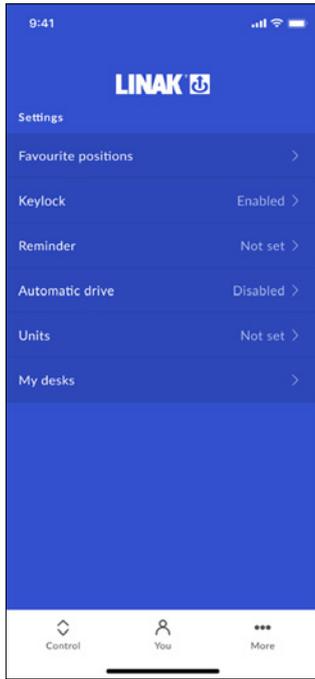
Setting the language of the DPI display

1. Press 'Desk panel language'
2. Select the desired language for the desk panel display. The selected language is indicated by a tick.
3. Press the back arrow to return to the main settings screen.



You menu

In the 'You' section of the Desk Connect™ app you can set or delete your set favourite positions, enable or disable the keylock function, get an overview of your desks, enable or disable automatic drive, change the height unit, and set a reminder. To get access to these features, the app must be connected to a DPI.



Favourite positions

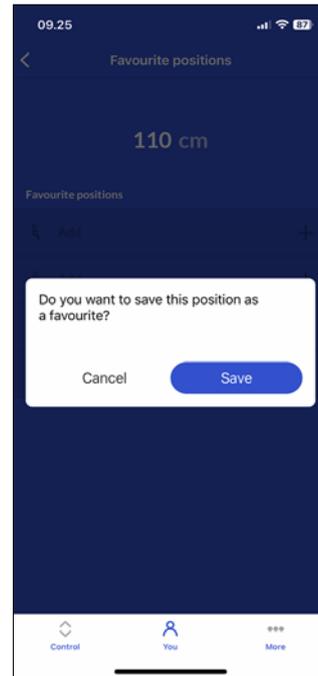
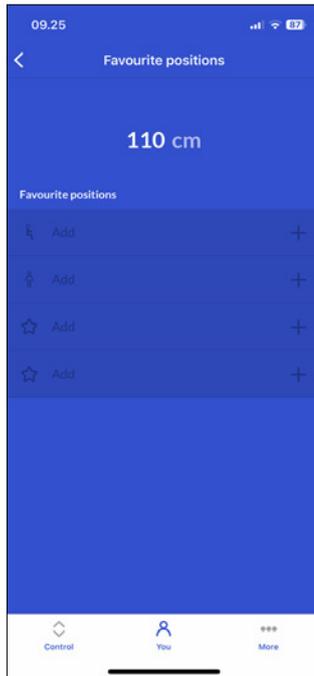
In this menu you can set your favourite positions and delete already set positions.



To change a favourite position, you need to delete it first and then set it again.

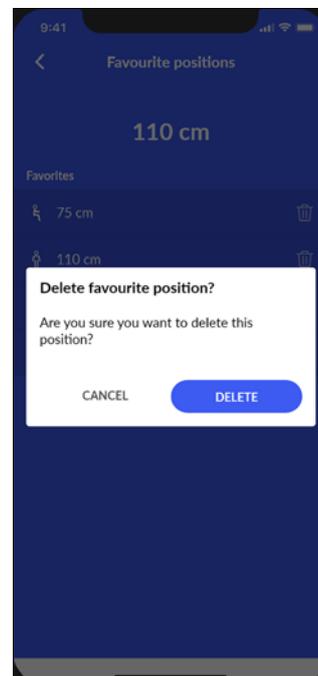
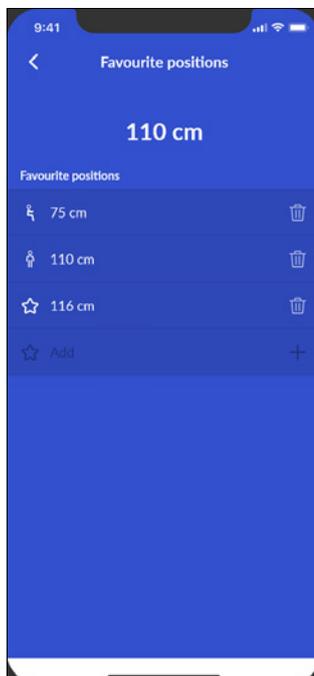
Setting favourite positions

1. Press 'Favourite positions'.
2. Use your DPI to adjust the desk to the desired height.
3. Press the sit or stand icon (or one of the stars).
4. Press 'SAVE' to save the actual desk height as the selected favourite position.
5. Press the back arrow to return to the 'You' screen.



Deleting favourite positions

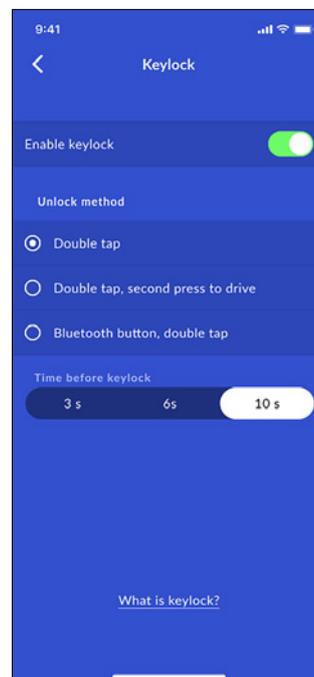
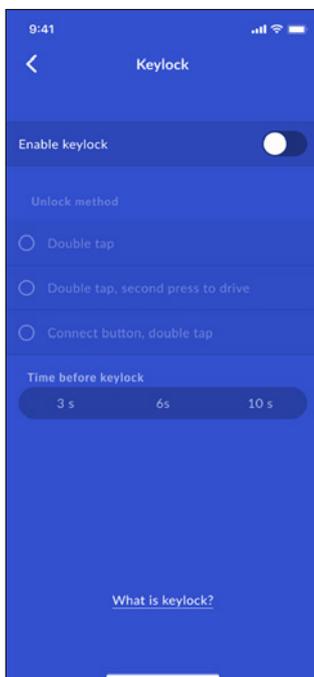
1. Press 'Favourite positions'.
2. Press the favourite position you want to delete.
3. Press 'DELETE' to delete the selected favourite position.
4. Press the back arrow to return to the 'You' screen.



Keylock

Enabling the keylock function

1. Press 'Keylock'.
2. Press the button to enable the keylock function. The DPI locks after 10 seconds
3. Select how to unlock the DPI.
 - 3.a. 'Double tap' (double tap the DPI to unlock it; then tilt it to adjust the desk).
 - 3.b. 'Double tap, second press to drive' (double tap the DPI to unlock it and, at the same time, adjust the desk).
 - 3.c. 'Connect button, double tap' (press the Connect button and then double-tap the DPI to unlock it; then tilt it to adjust the desk).
4. Set the time before the keylock is activated (countdown starts after the last keypress). Select 3 seconds, 6 seconds, or 10 seconds.
5. Press the back arrow to return to the 'You' screen.

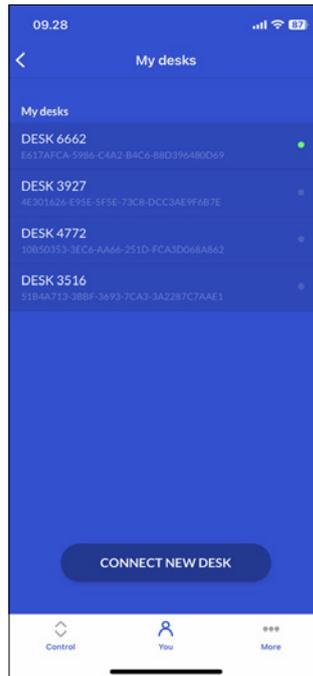


While the keylock is active, a keylock symbol is shown in the DPI display.

My desks

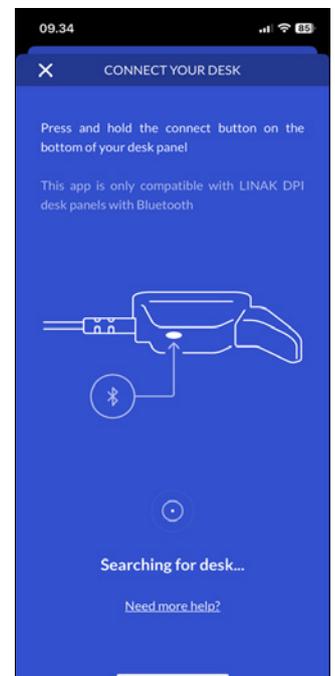
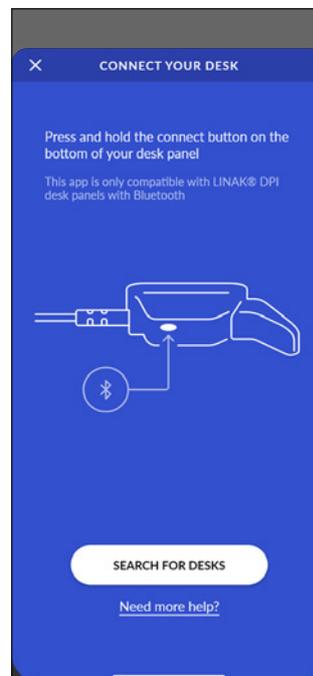
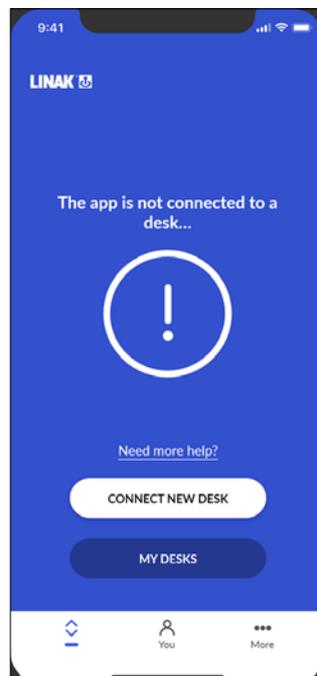
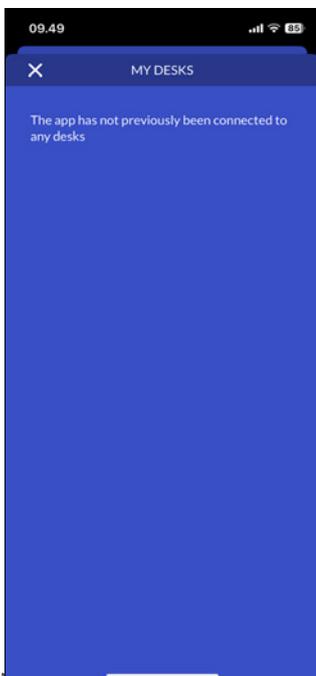
Previously connected desks

1. Press 'My Desks'. The IDs of the previously connected desks are listed. The currently connected desk is marked with a green dot.
The list shows maximum five desks with the desk last connected at the top and the desk first connected at the bottom. If you connect to a sixth desk, the bottom-list desk is deleted from the list.
2. If you want to connect to a another desk, tap on the ID of the desk you want to connect to or press 'CONNECT NEW DESK'.
3. Confirm that you want to disconnect from the currently connected desk.
4. Press the back arrow to return to the 'You' screen.



No previously connected desks

1. If you skipped the onboarding flow and no desks have previously been connected, the list is empty.
2. Close the list and press 'CONNECT NEW DESK'.
3. Set the new DPI in pairing mode and press 'SEARCH FOR DESKS' to establish connection.
4. Press the back arrow to return to the 'You' screen.

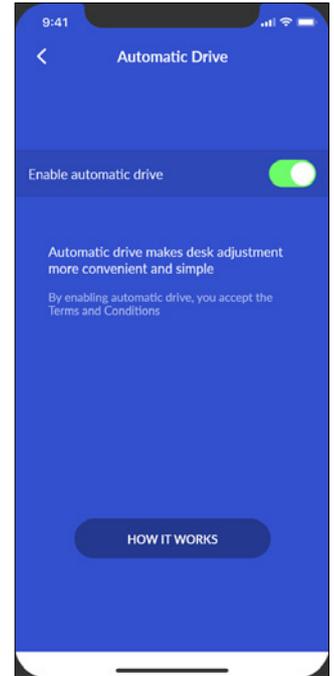
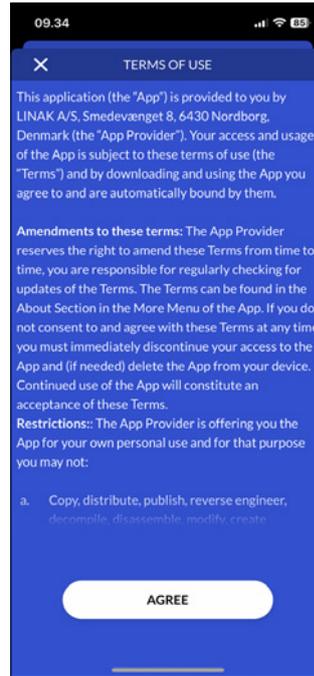
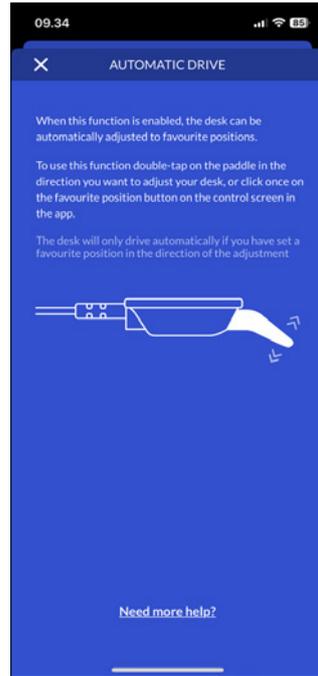
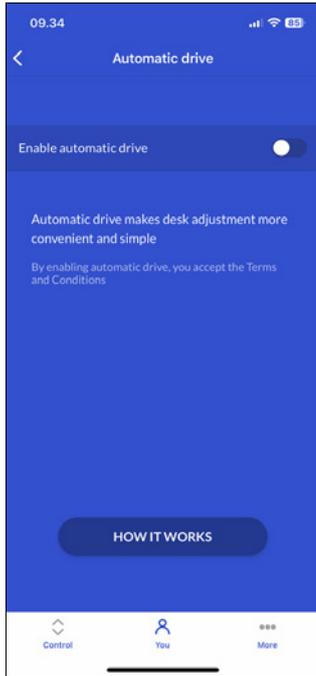


Automatic drive

In this menu you can enable or disable automatic drive. You need to accept the terms of use before you can enable this feature.

Enabling automatic drive

1. Press 'Automatic drive'.
2. Press the button to enable automatic drive, or press 'HOW IT WORKS' to get a description of this feature.
3. The 'TERMS OF USE' pops up. Press 'AGREE' to agree to these terms.
4. Press the back arrow to return to the 'You' screen.

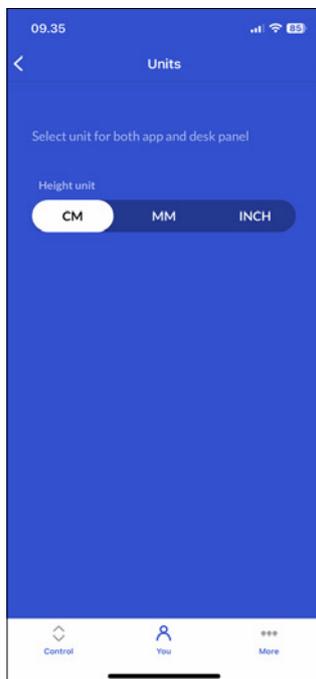


If you close the app or tilt the DPI during automatic drive, the desk stops.

Units

Changing the units

1. Press 'Units'.
2. Press and highlight the desired unit. Choose between 'CM', 'MM' and 'INCH'.
3. Press the back arrow to return to the 'You' screen.



Reminders

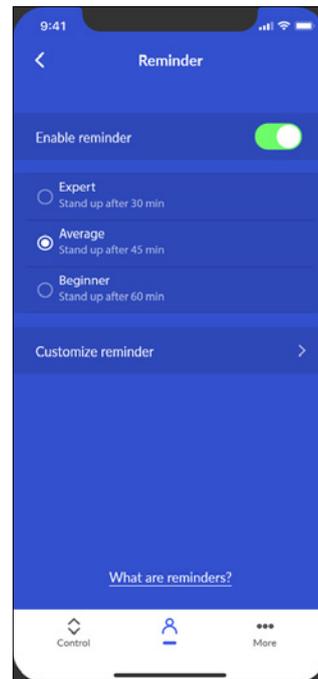
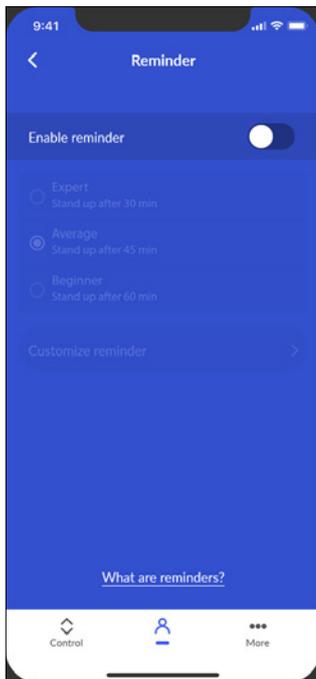
If you enable reminders, you will be urged to change posture during the day which will improve your health and your life quality.

Setting a reminder

1. Press 'Reminders'.
2. Press the button to enable reminders.
3. Choose between preset reminders or set a custom reminder.

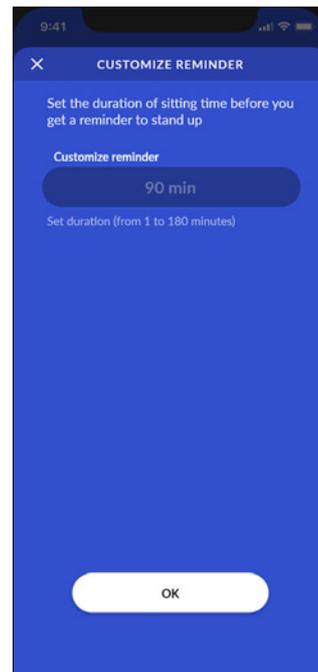
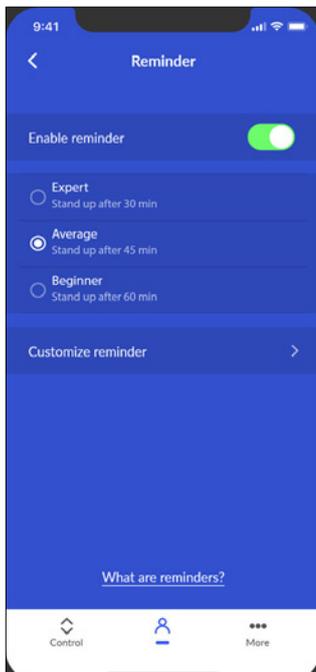
Preset reminders:

- 'Beginner' (be reminded after 60 minutes sitting)
- 'Average' (be reminded after 45 minutes sitting)
- 'Expert' (be reminded after 30 minutes sitting)



Custom reminder

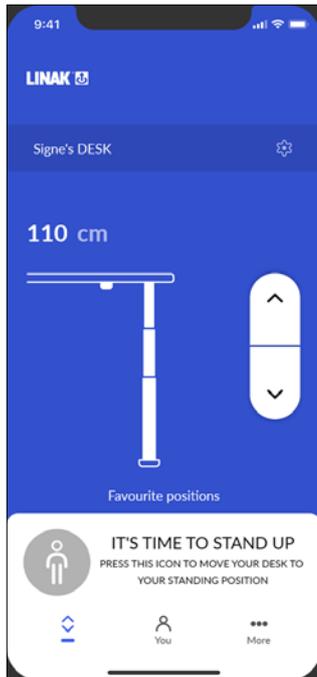
1. Press 'Customize reminder'.
2. Set an interval between reminders (minimum 1 minute; maximum 180 minutes).
3. Press 'OK'.



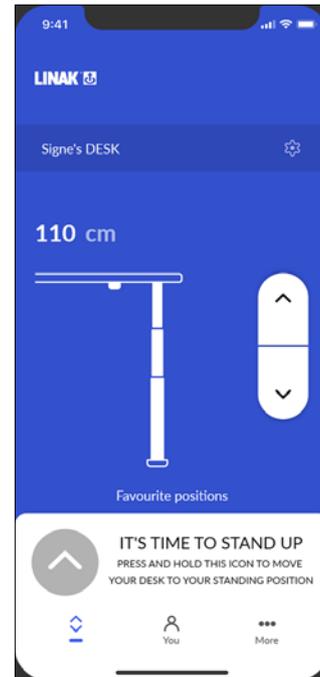
Reminder notifications

If you enable reminders, you will be urged to change posture during the day which will improve your health and your life quality.

- With favourite positions set, press and hold the standing icon to drive your desk to your standing height.
- With favourite positions set and automatic drive enabled, simply press the standing icon to drive your desk to your standing height.
- With no favourite position set, press and hold the arrow icon to drive your desk up until it has reached the desired height.



Reminder with favourite position set



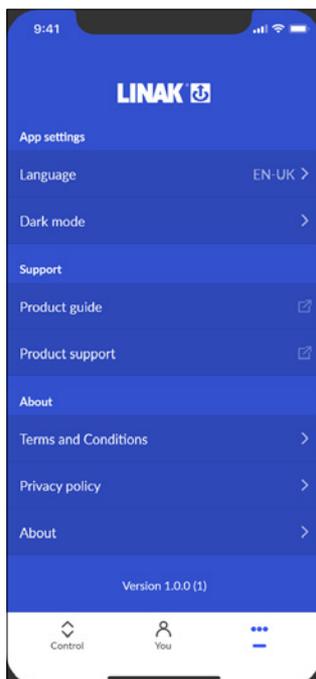
Reminder with no favourite position set



A bell in the DPI display indicates that it is time to stand up.

More menu

In the 'More' section of the Desk Connect™ app you can change the language and the appearance of the app. You can also get access to a troubleshooting guide and a pairing guide, and you can view the terms and conditions as well as the privacy policy. Furthermore, you can find links to product information and support sites on the web.



App settings

Changing the app language

1. Press 'Language'.
2. Press and highlight the desired language to load it on the app.
3. Press the back arrow to return to the 'More' screen.



Example of available languages