

Humanscale®

# World One Task Chair.

## User Guide



### Recline Tension

The World One task chair utilises Humanscale's sophisticated mechanism that automatically adjusts recline tension to match your body weight. To set recline tension, all you have to do is sit.

#### 1. Seat Height

While seated, press the right hand side button to lower the seat. Support your own weight off the seat while pressing the button to raise the height.

#### 2. Seat Depth

While standing, press and hold the left hand side button and slide the seat pan forward or backwards to the desired position. Release the button to lock the position.

#### 3. Armrest Height

To change the height of the armrests, press and hold the buttons and slide each armrest up or down. Release the button at the desired height.

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